



**6am Training Location Finder**

|   |   |   |   |   |   |
|---|---|---|---|---|---|
| <p><b>Monday &amp; Friday morning</b><br/>~ <b>Gregory Park</b> ~</p>                 | <table border="1"> <tr> <td data-bbox="440 398 791 454"> <p><b>Gregory Park</b></p> </td> <td data-bbox="791 398 1501 454"> <p>We meet up the end of the park closest to the play equipment and basketball hoop on Baroona Rd</p> </td> </tr> <tr> <td data-bbox="440 454 791 707">  </td> <td data-bbox="791 454 1501 707">  </td> </tr> </table> | <p><b>Gregory Park</b></p>  | <p>We meet up the end of the park closest to the play equipment and basketball hoop on Baroona Rd</p>                                   |    |   |
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|      |   |   |   |   |   |
| <p><b>Tuesday morning</b><br/>~ <b>Norman Buchan Park</b> ~</p>                       | <table border="1"> <tr> <td data-bbox="440 801 791 857"> <p><b>Norman Buchan Park</b></p> </td> <td data-bbox="791 801 1501 857"></td> </tr> <tr> <td data-bbox="440 857 791 1111">  </td> <td data-bbox="791 857 1501 1111">  </td> </tr> </table>  | <p><b>Norman Buchan Park</b></p>  |   |   |  |
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|     |    |   |   |   |   |
| <p><b>Wednesday morning</b><br/>~ <b>Frew Park</b> ~</p>                              |   |   |   |   |   |
| <p><b>Thursday morning</b><br/>~ <b>Yoga studio</b> ~</p>                             | <table border="1"> <tr> <td data-bbox="440 1574 791 1630"> <p><b>Yoga - 18 Nash Street, Rosalie</b></p> </td> <td data-bbox="791 1574 1501 1630"> <p>The yoga studio is located at 18 Nash Street, Rosalie, opp Grill'd and Cold Rock Icecreamery. Its called the Brisbane Yoga Space</p> </td> </tr> <tr> <td data-bbox="440 1630 791 1883">  </td> <td data-bbox="791 1630 1501 1883"></td> </tr> </table>                       | <p><b>Yoga - 18 Nash Street, Rosalie</b></p>  | <p>The yoga studio is located at 18 Nash Street, Rosalie, opp Grill'd and Cold Rock Icecreamery. Its called the Brisbane Yoga Space</p> |  |   |
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| <p><b>Wet weather training location - Paddington</b></p>                              | <table border="1"> <tr> <td data-bbox="440 1973 791 2074"> <p><b>Wet weather Venue - The Lavalla Centre, cnr fernberg rd &amp; given tce</b></p> </td> <td data-bbox="791 1973 1501 2074"> <p>Enter through the big gates of the Lavalla Centre and walk around the back to the under cover area</p> </td> </tr> </table>   | <p><b>Wet weather Venue - The Lavalla Centre, cnr fernberg rd &amp; given tce</b></p> | <p>Enter through the big gates of the Lavalla Centre and walk around the back to the under cover area</p>                               |   |   |
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